

Chit-O-Gram

Volume 5 Issue 3

Source International, Inc. www.chitopower.com

May/June 2004

Prospecting for Gold!

For men, reaching age 50 is not only the beginning of a new decade, but also a signal that it is time for your first colonoscopy. The doctor explained that this is necessary to screen for polyps and possibly colon cancer, which is the second most common cause of cancer death in the USA.

This humbling experience is accomplished by inserting a camera in the colon (large intestine) and the doctor gets a recorded "picture" of this previously uncharted territory. If everything were OK then I would not need to repeat this procedure for another 5 years. If the doctor discovers polyps, they are removed, analyzed and this procedure would be repeated.

As a part of the deal, I suggested that if he "discovered gold" that we would split it, which he happily agreed. At the conclusion of the examination, the doctor did indeed "discover gold". He was so impressed with the results, that he stated that I would not need to see him for 10 years, what a relief!

Until recently, my eating habits have not been that good. However, I have been faithful in taking nutritional supplements, especially Chit-O-Power. Having taken this product for more than 8 years, I firmly believe that this product has added to my overall health and well-being. In fact, prior to my colonoscopy, I had already "discovered gold" in this unique functional food

Ken Womack – Atlanta, GA

THREE CONVENIENT SIZES:

- 100 MG (30 CAPSULES / 3GRAMS)
- 250 MG (30 CAPSULES / 7.5 GRAMS)
- 500 MG (60 CAPSULES / 30 GRAMS)

(SEE YOUR DEALER FOR DETAILS)

Lyme disease "undercounted"

By Rick Guinness Journal Inquirer - 4/5/04

Although doctors and government officials validated the concerns of patients suffering with Lyme disease at a recent hearing in Hartford, the problem of inadequate medical diagnosis and treatment continues, patients say.

In the first hearing of its kind since 1999, patients filled two rooms in the Legislative Office Building on Jan. 29 for an all-day conference on Lyme disease, and told stories of not being properly diagnosed and treated soon enough.

A panel of medical experts explained how the potentially fatal disease masquerades as other maladies, and suggested that the number of people suffering from the disease may be considerably higher than anyone knows.

(continued next page)

Did You Know...

Research has been ongoing for over twenty year's (20) in nineteen (19) countries including Japan, The United States, Russia, and France. In 1994 Japan's Ministry of Health declared Chitosan Oligosaccharide a Functional Food. Current applications include Dietary Supplements, Cosmetics, Surgical Sutures, Wound & Burn Dressings, and Beverage Purification. Is it any wonder that millions of people use this amazing substance on a daily basis!

Colon Health

The Facts:

- Colorectal Cancer is the second most common cause of cancer death in the USA.
- During the year 2001, an estimated 57,000 Americans died from this disease, and 136,000 new cases were diagnosed.

(Continued next page)

Lyme disease "undercounted"

(Continued from previous page)

Attorney General Richard Blumenthal and Department of Public Health Commissioner J. Robert Galvin, who co-chaired the hearing, said they wanted to solve the problem of undercounting cases. For the past year, laboratories have not been required to log positive test results.

"We won't know we are making progress unless we are counting cases," Blumenthal told Paul Mead of the Center for Disease Control. "I'm not berating you, but we have to find the funding to count cases. You can say it is off the charts. But we need the charts."

The other major problem discussed at the hearing was that many patients with Lyme disease do not meet the standards for a positive laboratory test, so it is up to their doctors to make a clinical diagnosis.

Blumenthal says that one important development that came out of the hearing is that the CDC has agreed its case-counting standard should not be used by doctors as the standard for diagnosing Lyme disease, because many patients have negative results on certain blood tests.

"We want doctors to become more aware of the broader constellation of symptoms rather than be constrained by the CDC's narrower definitions," Blumenthal says.

"Fortunately the CDC has now agreed with us."

Since the mandatory reporting was abandoned a year ago, the number of reported cases has dropped significantly.

The number of yearly reported cases has declined from 4,000 down to 2,000 since the reporting requirement for labs was dropped, Blumenthal says.

Nevertheless, he says, the disease has reached epidemic numbers.

"People are losing their quality of life, and their youth in many cases," he says. "Lyme can have so many different symptoms and tests making use of blood samples often fail to detect it."

Lyme disease is an infection caused by the bacteria *Borrelia burgdorferi*, and transmitted through the bite of the blacklegged deer tick.

It was first recognized in Connecticut in 1977. In 2002, 4631 cases were identified by the state Public Health Department.

Other symptoms of the disease may include weariness and physical manifestations like the bull's eye rash.

"But very simply we do not have a fool proof and fully reliable diagnostic test", Blumenthal says. "So doctors need to use much more varied and adaptable means of diagnosing the disease."

What really offends Lyme disease sufferers is when doctors not only misdiagnose them, but also add to their grief by telling them they are crazy. Several patients said their doctors put them on anti-depressants instead of antibiotics.

"Does depression cause you to go numb on the left side of your body?" asks Christy Ryan of Stafford, who after seven years of symptoms was finally diagnosed with Lyme disease last year. Myriad symptoms. No diagnosis. The patients all agreed that LLMDs, Lyme literate medical doctors, are needed.

The message got through, officials say. And in the wake of the hearing, Blumenthal has attended several meetings on the subject, and promised to continue working on it.

"I will be meeting with the commissioner of public health next month to set an agenda for further action," Blumenthal says. "This problem ought to be front and center." "I am encouraged that we are building on the momentum," he adds. "We are going to continue to pursue it."

Colon Health

(Continued from previous page)

- Nearly 70% of Americans over the age of 50 have never been tested.
- Regular screening and early detection can significantly reduce the number of deaths of colorectal cancer.
- Be sure to exercise and drink plenty of fluids, including water, milk, fruit and vegetable juices and soups.
- Also, maintain a diet that includes high fiber such as fruit, vegetables whole-grain breads and cereals and beans.

For you, your family and your pets!